



TALENT MOBILITY

Check List for J1 Visa Sponsorship

Put a check mark next to completed items and submit with all documents to:

sacctraineeprogram@sacc-usa.org

IMPORTANT: The file name should identify the document, e.g., “Application”, “Copy of Transcript” etc.

I have read the following documents from SACC-USA’s website:

- Instructions for J-1 Visa Application
- Information, Regulations & Guidelines for the Exchange Visitor Program
- Pre-Arrival Guide

I have completed and am submitting the following:

- This check list
- Intern/Trainee Application Form
- Intern/Trainee Agreement
- Resume (CV)
- Letter of application (see instructions)
- Insurance verification
- Copy of insurance policy or summary of insurance policy or copy of insurance card
- Financial Verification (only needed if stipend from host company does not cover living expenses)
- Transcript or diploma or proof of 5 years work experience
- Two letters of reference or only two references (see instructions)

SACC-USA

House of Sweden 2900 K Street NW,
Suite 401, Washington, D.C, 20007
WWW.SACC-USA.ORG

Copy of passport

I understand that only when SACC-USA has reviewed both my application and the Training Offer and Training Plan from my host company, SACC-USA will issue the DS-2019 needed to make an appointment for a visa interview at the U.S. Embassy in Stockholm. Instructions for the U.S. Embassy in Stockholm are available [here](#) and for the U.S. Embassy in Helsinki [here](#).

Prior to traveling to the U.S., I will read the [Department of State's Welcome Brochure](#) and the SACC-USA Orientation Guide.

Name: _____

Signature: _____

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